

# CONSENT FOR SOFT TISSUE (GUM) GRAFTING

Patient Name: \_\_\_\_

Doctor Name: Mihran Asinmaz DMD

In order for me to make an informed decision about undergoing a procedure, I should have certain information about the proposed procedure, the associated risks, the alternatives and the consequences of not having it. The doctor has provided me with this information to my satisfaction. The following is a summary of this information.

## Condition

My doctor has explained the nature of my condition to me: Gum recession, or a predisposition to gum recession; causing tooth root exposure and/or sensitivity

### Procedure – Soft tissue grafting

My doctor has proposed the following procedure to treat or diagnose my condition: Soft tissue grafting. This means that a piece of my gums will be transplanted to another site in order to partially or completely cover the exposed tooth root surface(s). The transplanted tissue is taken from a donor site, usually the palate. An alternative to your own tissue is a donor graft from a tissue bank. The grafted site usually takes about 2-3 months to heal. After this time, it may be necessary to refine the area. In some cases, additional grafting may be required.

### Alternatives

My doctor has explained the following medically acceptable alternatives to be: Monitoring for progressive recession, changing the way I brush my teeth, or no treatment. However, the likelihood of gum recession and subsequent bone loss around the effected teeth is higher without any treatment than with a successful soft tissue graft. Also, I can seek specialized care somewhere else, or I can have nothing done.

### Consequences of not having procedure

If I don't have the procedure, my condition may stay the same. However, it is the opinion of my doctor that the proposed procedure is a better option for me. If I don't have the procedure, the following is more likely to occur: continued gum recession with subsequent bone loss.

#### Other procedures

During the course of the procedure, the doctor may discover other conditions that require an extension of the planned procedure, or a different procedure altogether. I request the doctor to do the procedures my doctor thinks are better to do at this sitting rather than later on.

#### **Complications/Risks**

The doctor will give his best professional care toward accomplishment of the desired results. I understand that inherent to any procedure, and because of individual variation, certain risks are involved with treatment. These include but are not limited to:

- A. Pain, swelling, or bruising which may extend up to the eye causing a black eye or below to the neck
- B. Bleeding which may be prolonged
- C. Infection
- D. Injury to nerve underlying the teeth resulting in numbness or tingling of the lip, cheek, gums, and tongue. This may persist for a short time or even in remote chance, be permanent
- E. Failure of the graft to "take"
- F. Stretching of the corners of the mouth with resulting cracking and bruising
- G. Restricted mouth opening and possible joint (TMJ) problems
- H. Injury to adjacent teeth and fillings
- I. Hot or cold sensitivity
- J. Tooth mobility
- K. Root canal therapy
- L. Speech changes
- M. Exposure of existing crown margins

#### **Drugs, Medications, and Anesthesia**

Antibiotics, pain medication, and other medications may cause adverse reactions such as redness and swelling of tissues, pain, itching, drowsiness, nausea, vomiting, dizziness, lack of coordination, which can be increased by the effect of alcohol or other drugs. Sometimes after injection of a local anesthetic, I may have prolonged numbness and/or irritation in the area of injection. If I use any sedatives, possible risks include, but are not limited to, passing out, severe shock, and stopping breathing or heart attack if not taken as advised by my doctor. I will arrange for someone to drive me to and from the office after I have received sedation, and to have someone watch me closely afterwards.

#### Necessary Follow-up Care and Self-Care.

I should follow post-operative instructions given after surgery to ensure proper healing. I will need to come for appointments following the procedure so that my healing may be monitored and so that my doctor can evaluate and report on the outcome of the surgery upon completion of healing. I will not drink alcohol or take non-prescribed drugs during the treatment period. If oral sedation or pain medications are used, I will not to operate a motor vehicle or hazardous device during the course of taking these medications. I agree to cooperate completely with the doctor's recommendations while under his care. If I don't fulfill my responsibility, my results could be affected. Success requires my long-term personal oral hygiene, mechanical plaque removal (daily brushing and flossing), completion of recommended dental therapy, periodic periodontal visits (dental clinic care), regular follow-up appointments and overall general health.

## Photography

X\_\_\_\_\_I give permission for persons other than the doctors involved on my care and treatment to observe this operation (such as company representatives and dentists who are learning the procedure) and I consent to photography, filming, recording and x-rays of my oral and facial structures and the procedure, and their publication for educational and scientific purposes, provided my identity is not revealed. I give up all rights for compensation for publication of these records.

## Understanding

X\_\_\_\_\_I have provided as accurate and complete medical and personal history as possible, including those antibiotics, drugs, medications, and foods to which I am allergic. I will follow any and all instructions as explained and directed to me, and permit all required diagnostic procedures. I have had an opportunity to discuss my past medical and health history including any serious problems and/or injury with the doctor.

X\_\_\_\_\_The procedure I choose to treat this condition is understood by me to be soft tissue (gum) grafting due to gum recession, predisposition to gum recession, root sensitivity, or a combination. This is to be taken from a donor site in my mouth, usually the palate, or from a tissue bank if elected

X\_\_\_\_\_I understand that this is nonetheless an elective procedure, that such procedures are performed to improve function and that an alternative option, although less desirable, is to not undergo surgery and do nothing. I have been advised of all alternative treatments.

X\_\_\_\_\_I also understand that during the course of the procedure, unforeseen conditions may arise that necessitate an extension or alteration of the planned procedure contained herein. I therefore authorize and request that the doctor and his associates or assistants under his direction perform such procedure as found necessary and administer such treatments as required in their professional judgment.

X\_\_\_\_\_I have had the opportunity to discuss with the doctor the planned surgical procedure, soft tissue (gum) grafting, and my postoperative responsibilities. I understand that following the procedure during the healing process I should not smoke, drink heavily, use any drugs not prescribed by my doctor.

X\_\_\_\_\_I have been informed about all post-operative medications and side affects from these medications. I understand that some medications will benefit me and the outcome of this procedure. Therefore, I will take all recommended medications accordingly.

X\_\_\_\_\_I understand no guarantee has been given to me that the proposed treatment will be curative and/or successful to my complete satisfaction. I also understand that due to individual patient differences and the imperfections of the art and science of surgery, there exists a risk of failure or necessity of additional treatment despite appropriate care.

X\_\_\_\_\_I understand that the fee I am to be charged has been disclosed to me and is satisfactory to me. I understand that I am responsible, with or without the aid of my dental insurance, for all payment for any procedures completed today

# I CERTIFY THAT I HAVE FULLY READ AND UNDERSTAND THIS CONSENT AND THAT I AUTHORIZE FOR THE PROPOSED TREATMENT DESCRIBED. I ACCEPT THE RISKS IN HOPES OF OBTAINING THE DESIRED BENEFICIAL RESULT OF THE TREATMENT. ALL QUESTIONS AND EXPLANATIONS WERE TO MY SATISFACTION. I HAVE BEEN INFORMED THAT REGARDLESS OF THE EFFORT OF MY PERIODONTIST TO INSURE SATISFACTION, THE RESULTS MAY PRODUCE A LESS THAN DESIRED RESULT.

Patient's Name (Printed)

Date

Patient's or Guardian's Signature

If not the patient, what is your relationship to the patient?

I have explained the condition, procedure, benefits, alternatives, and risks described on this form to the patient or representative.

Doctor's Signature

Date